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YOU'RE INVITED!

BOSTONIANS FOR YOUTH

Healing for an Equitable Boston

EMBODY THE CHANGE

Friday, June 7, 2024 • 6pm

Fairmont Copley Plaza
trinityconnects.org/bfy



HONORING NICOLE OBI



Nicole Obi is the President & CEO of the Black Economic Council of Massachusetts (BECMA) whose mission is to drive economic equity and prosperity for Massachusetts to achieve inclusive growth through advocacy, programming, and strategic partnerships that enable Black-owned businesses and Black communities to thrive.

We are privileged to honor Nicole with the 2024 Leader of Change Award which recognizes an individual who is making a powerful impact in helping to create a more just and equitable Boston through critical and sustainable change. As a forward-thinking leader, Nicole has a track record of uplifting and empowering Black communities and Black people through her entrepreneurship, consulting, and non-profit board service, and leadership of BECMA. She earned two master's degrees from MIT's Sloan School of Management and the Department of Urban Studies Planning.

HOSTED BY MARIA STEPHANOS



Maria Stephanos, WCVB NewsCenter 5 anchor, is a multiple Emmy Award winning journalist with more than thirty years of experience as an anchor and reporter in New England. You can catch Maria on NewsCenter 5 at 4:30, 6:00, 7:00 and 11:00 PM every weeknight, as well as The 10 O'Clock News on MeTV Boston. A Massachusetts native, she is passionate about giving back to the community and is widely known for her insightful and authentic personal interviews and story coverage. She is compelled by TBC's mission and looks forward to helping us honor Nicole.

Please visit trinityconnects.org/bfy to read Nicole and Maria's full bios.

EMBODY THE CHANGE

Our city's youth are facing intensified life stressors including ongoing school violence, societal turbulence, and overexposure to harmful social media content. Yet TBC's commitment to healing through transformative practices remains steadfast amid challenging times.

We know the shifts and trauma we experience live in our bodies. And since harm involves our whole bodies, so must our healing. That is why the 17th annual Bostonians for Youth Gala will highlight somatics as a new way to Embody the Change we want to see on our collective journey to racial equity.

The combination of our 3 Essential Community Practices (3 ECPs) - racial equity, trauma inclusion, and restorative justice - promotes healing for youth and adults across our programs. Somatics anchors the healing effect of our 3 ECPs through the body by engaging our thoughts, feelings, and capacity to act.

It goes beyond understanding and insight to help us embody our visions and values in new ways, particularly under pressure. This is vital for healing trauma, improving wellness, shifting behavior, and advancing racial equity.

Join us as we celebrate our city's youth, heal together, and learn how we can Embody the Change!

JOIN US

Friday, June 7th, 2024 • 6PM

Fairmont Copley Plaza

In-Person Gala

Reception

Dinner + Program

Leader of Change Award

Register + Sponsor Today

trinityconnects.org/bfy

Questions?

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